

STANDARD 6 – HEALTH

EYFS Key themes and commitments

A Unique Child	Positive	Enabling	Learning and
	Relationships	Environments	Development
1.2 Inclusive practice 1.4 Health and well- being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

<u>Standard 6.2 - Managing children who are sick, infectious or with allergies (including reporting notifiable diseases)</u>

This policy is to support staff, parents, carers and volunteers in the event of a child being unwell. As a setting it is our responsibility, in partnership with parents to ensure that all children in our care are in the best of health at all times allowing them to enjoy and learn in a safe and healthy environment. We provide care for healthy children through preventing cross infection of viruses and bacterial infections and promote health through identifying allergies and preventing contact with the allergenic trigger. All children at Horsted Keynes Preschool with medical conditions will be properly supported so that they have full access to all provision and curriculum.

Parent/Carers responsibilities:

- If your child is unwell please do not bring them to Preschool. Not only are certain illnesses contagious, but when a child is unwell the main carer is the best person to care for the child.
- If your child has a cold/cough or virus and is showing no other symptoms of being unwell they can continue attending.
- However, if they have a raised temperature, continued cough, or are unable to eat, then this indicates that they are not well enough to be in.
- If your child has sickness and/or diarrhoea they must be kept away from the setting for a minimum of 48 hours after the last episode of sickness and/ or diarrhoea.
- If your child has been diagnosed with conjunctivitis it is our preference that you keep your child away from the setting for the first twenty-four hours whilst they are being treated with eye ointment as it is highly contagious. After day one's application, we are happy to accept your child as long as they are well within themselves. We will continue to apply the ointment at the required times providing you fill in a medication consent form to allow this to take place.
- If your child has been prescribed antibiotics, generally they will not be well enough to attend the Preschool. Please keep your child at home for at least 48 hours after the initial dose or antibiotics.
- It is the responsibility of the parents/carers to ensure that the child is in the best of health and that they share all necessary health information with the staff on duty.
- The setting has a list of excludable diseases and current exclusion times. The full list is obtainable from https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/625988/Exclusion_table.pdf and includes common childhood diseases such as measles.

Please note: if your child is on antibiotics for an on-going condition they may attend Preschool sooner, providing the child is in overall good health (this will be at the discretion of the manager/Deputy).

• If your child has a raised temperature, even if not accompanied by any other symptoms, they should not attend the setting.

Staff responsibilities:

If your child becomes ill during their time with us, has a temperature, sickness, diarrhoea or pains, particularly in the head or stomach they will be cared for sensitively i.e. they will be made to feel comfortable, reassured and kept under observation. We would also do the following:

On the NHS website (20.09.17) a high temperature is referred to as anything over 38 degrees and a low temperature as anything below 35 degrees. Normal body temperature is 37 degrees.

- The manager/deputy will call the parents and ask them to collect the child or send a known carer to collect the child on their behalf.
- If any child is ill during their time with us and we cannot contact any named persons as supplied on the emergency contact list, staff may have to seek medical advice/attention for your child.
- We would take their temperature using a digital thermometer, kept in the first aid box.
- If their temperature was high, they would be kept cool by removing their top clothing and by sponging their heads with cool water but kept away from draughts.
- If their temperature was low, we would inform you that it would be our intention to contact the emergency services and also ask you to make your way to the setting.
- If their temperature was normal but we felt that your child was too unwell to stay at the setting, we would contact you and advise you to come and pick them up.
- In extreme cases of emergency, an ambulance is called, and the parent informed
- Parents are asked to take their child to the doctor before returning them to Preschool, we can refuse admittance to a child with a temperature, sickness and diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics, parents are asked to keep them at home for 48 hours before returning to the setting.
- After vomiting/diarrhoea, parents are asked to keep children home for 48 hours or until a formed stool is passed.
- Some activities, such as sand and water play, and self-serve snacks where there is a risk of cross contamination may be suspended for the duration of any outbreak.
- When your child returns following an absence due to being unwell, staff will liaise with you to ensure that the child is well enough to attend their session.
- If the children of staff are unwell they may not come into the group, even if this results in staff being absent.
- Cuts or open sores, whether on a child or adult, will need to be covered up with a plaster dressing or suitable alternative.

HIV/AIDS/Hepatitis procedures

- No-one has the right to know if another person is HIV positive or has AIDS. If the Manager is told about a
 child's or adult's HIV status they should inform the Chairperson of the Committee only. This information will
 not be shared with anyone else without the permission of the person concerned. Confidentiality will be
 maintained throughout.
- HIV virus, like other viruses such as Hepatitis, (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.
- Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- Protective rubber gloves are used for cleaning/sluicing clothing after changing.
- Soiled clothing is bagged for parents to take home for cleaning.
- Clear Spills of blood, urine, faeces or vomit are cleared using mild disinfectant solution and mops.
- Tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit are cleaned using a disinfectant.

Nits and Head lice

- Nits and head lice are not an excludable condition, although in exceptional cases a parent may be asked to keep the child away until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all of their family if they are found to have head lice.

Procedures for reporting 'notifiable and Communicable diseases'

- As a setting, we work with and follow the guidance from Public Health England on 'Health Protection in schools and other childcare facilities' which can be found at www.gov.uk/government/publications/health-protection-in-schools-and-other-childcarefacilities.
- If a child or adult is diagnosed as suffering from a notifiable disease under the Health Protection (notification) regulations 2010, the GP will report this to Public Health England (PHE).
- When we become aware, or are formally informed of the notifiable disease, the manager will inform Ofsted and act on any advice given by Public Health England (PHE).
- If a child has a serious illness which may cause risk to others or results in hospitalisation we have a duty to report this to RIDDOR (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013)
- If the manager feels that the sick child may have contracted a contagious illness, then the manager will ensure that all parents collecting their child that day are notified of the incident and they will contact Public Health England (the Health protection team South East; 0344 225 3861) and follow their guidelines and advice.
- The setting has a list of excludable diseases and current exclusion times.
- Ofsted will be informed of any food poisoning affecting two or more children looked after on the premises or any child having a serious disease on the premises.
- Parents will be informed if there is any infestation of head lice, infection of scabies or worms or childhood infectious diseases such as chicken pox which may affect other children or adults. This allows other parents, staff and visitors to be vigilant for the symptoms in their own child.

Procedures for children with allergies

- When parents start their children at the setting they are asked if their child suffers from any known allergies. This is recorded on the Registration form.
- If a child has an allergy, a risk assessment form is completed to detail the following:
 - 1) The allergen such as nuts etc.
 - 2) The nature of the allergic reaction e.g. rash etc.
 - 3) What to do in case of allergic reactions, any medication used and how it is to be used
 - 4) Control measures- such as how the child can be prevented from contact with the allergen
 - 5) Review
- This form is kept in the child's personal file and a copy is displayed where staff can see it.
- Parents train staff in how to administer special medication in the event of an allergic reaction.
- Generally, no nuts or nut products are used within our setting
- Parents are made aware so that no nut or nut products are accidentally brought in.

Insurance requirements for children with allergies and disabilities

- Insurance automatically includes children with an allergy or disability, but certain procedures must be strictly adhered to as set our below. For children suffering life threatening conditions or requiring invasive treatments; written confirmation from your insurance provider must be obtained to extend the insurance.
- At all times we will ensure that the administration of medication is compliant with the Safeguarding and Welfare Requirements of the Early Years Foundation Stage.

Oral medication:

- Asthma inhalers are now regarded as 'oral medication' by insurers and so documents do not need to be forwarded to our insurance provider. Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them.
- We must be provided with clear written instructions on how to administer such medication.

- We adhere to all risk assessment procedures for the correct storage and administration of the medication.
- We must have the parents or guardians prior written consent. This consent must be kept on file. It is not necessary to forward copy documents to our insurance provider.

Life-saving medication and invasive treatments:

These include adrenaline injections (Epipens) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc.) or invasive treatments such as rectal administration of Diazepam (for epilepsy).

- We must have:
- a letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered;
- written consent from the parent or guardian allowing our staff to administer medication; and
- proof of training in the administration of such medication by the child's GP, a district nurse, children's nurse specialist or a community pediatric nurse.
- Copies of all three documents relating to these children must first be sent to our insurance company.
 Written confirmation that the insurance has been extended will be issued by return.

Key person for special needs children-children requiring assistance with tubes to help them with everyday living

- Prior written consent must be obtained from the child's parent or guardian to give treatment and/or medication prescribed by the child's GP.
- The key person must have the relevant medical training/experience, which may include those who have received appropriate instructions from parents or guardians, or who have qualifications.
- Copies of all letters relating to these children must first be sent to the Preschool learning alliance insurance department for appraisal.

Further guidance

Managing medicines in schools and early year's settings (DFES 2005)

Fees

If your child does not attend their usual session due to sickness, fees will be charged as usual as your child's booked session cannot be filled by anyone else. In exceptional circumstances negotiation can take place to reduce fees due to lengthy illness of the main parent/carer or child. This can only be authorised by the committee.

This policy was adopted by	Horsted Keynes Preschool
On	1 st October 2017
Reviewed 1st Oct 2018	C. Humpheys. Quite Speakman
Reviewed 1st Oct 2019	
Reviewed 1st Oct 2020	
Reviewed 1st Oct 2021	
Reviewed 1st Oct 2022	
Signed on behalf of the provider	C. Humpheys.
Name of signatory & Role of signatory	Clare Humphreys Manager
Countersigned by Chair of committee	aure Speaknar

Name of Counter signatory	Claire Speakman
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