



STANDARD 6 – HEALTH

EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

Standard 6.11- Nappy Changing

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent.

As a staff team, we all know and understand the importance of following good practice with regards to supporting each child in relation to their personal care needs like nappy changing. Therefore, as a staff team we have agreed the following:


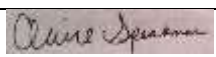

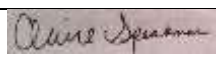

- We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.
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- We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.
- We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.
- All babies/young children will be changed only by a familiar adult, who whenever possible will be their key person and who is DBS checked.
- Adults will wash hands before and after each nappy change with anti-bacterial hand wash.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Each child brings their own bag with their nappies or pull ups and changing wipes in.
- Our staff put on gloves and aprons before changing starts and the area is prepared. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always work for a 'soiled' nappy.
- Whenever possible 2 staff members will be present when a child needs assistance. However, there are times when removing 2 adults from the room may endanger the other children or staff. In this instance, the disabled toilet door will be left wide open so that the adult and child are within clear view at all times. whilst maintaining their dignity and privacy.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We work with parents and carers on a potty-training regime when and if the time is right.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children can ask to use the toilet when they have the need to and are encouraged to be independent
- Staff will report back should the child be distressed, or if marks or rashes are seen.
- We will contact the parent or carer if the child is distressed and does not want to have their nappy or clothing changed.

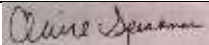
We ask the parent or carer to do the following:

- Agree that the child in nappies is changed at the latest possible time before being brought to the Preschool.
- Provide the Preschool with spare nappies, wipes and change of clothing.
- Understand and agree the procedure that will be followed when their child is changed.
- Agree to inform the setting of any marks or rashes that the child has.
- The Change mat will be sprayed and/or wiped over with anti-bacterial spray after each use.
- All disposable soiled nappies and wet wipes will be double bagged, tied and disposed of into the nappy bin.
- If terry nappies are being used, as we do not have any sluicing facilities, these will be bagged up ready for you to collect at the end of your child's sessions.
- All used/soiled gloves and aprons will be disposed of into the nappy bin.
- We have safe areas to lay young children if they need to have their bottoms cleaned.
- All staff are familiar with the above hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.

Toilet Readiness:

- When a child is showing an interest in coming out of nappies and it has been identified by either the parents/carers, staff or both parties that a child is ready to start using the potty/toilet, it is beneficial that all individuals involved work in partnership to support the child's next steps in this area.
- Parents/carers will be expected to bring in several pairs of pull ups/pants and other clothing e.g. trousers etc.
- Please note that as we do not have sluicing facilities we will bag up any wet or soiled clothing for collection unless otherwise instructed to dispose of heavily soiled items.
- Staff will support the child throughout the day as part of the settings routine as well as supporting the child's individual needs.
- Children should be encouraged to wash their hands and have soap and paper towels to hand.
- Anti-bacterial soap should not be used for young children as their skin is delicate and the anti-bacterial products kill off certain good bacteria that children need to develop natural resistance to infection.
- Staff are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents' or making inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- Please note that if at any point the child loses interest or there is a lapse in this area no child will be forced to continue until they are ready again. Staff will work with families in every way possible to support and encourage each child at every opportunity in this stage of development.
- This policy works in line with our Child Protection and Safeguarding Policy Std. 1.2
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal need.

This policy was adopted by	Horsted Keynes Preschool
On	1 st October 2017
Reviewed 1 st Oct 2018	 
Reviewed 1 st Oct 2019	 
Reviewed 1 st Oct 2020	
Reviewed 1 st Oct 2021	
Signed on behalf of the provider	
Name of signatory & Role of signatory	Clare Humphreys Manager

Countersigned by Chair of committee	
Name of Counter signatory	Claire Speakman